

LEARN HOW TO BECOME HEALTHIER.



**WEIGHT WATCHERS CAN
HELP YOU ACHIEVE YOUR
WEIGHT-LOSS GOALS.
COME LEARN HOW.**

Join us for an information session hosted by a Weight Watchers Leader who has successfully lost weight with Weight Watchers. Ask questions. See what's happening. Learn about the proven Weight Watchers approach and how you can attend meetings at work* and in your local community with Monthly Pass**.

DATE Tuesday, January 31, 2012
TIME 1:00 p.m.
LOCATION 3424 S State St. Rm 2028
CONTACT Vickie Tolbert – tolbert@iit.edu, 73081

Employees: Sign up through the WW IIT portal – (<https://wellness.weightwatchers.com>) and receive 25% off your monthly rate!

*Available only in participating areas in the U.S. Minimum attendance required to maintain the At Work meeting.

**Monthly payment is required in advance. You will automatically be charged each month in accordance with your company's pricing until you cancel. Monthly Pass is sold in participating areas only; may not be accepted for local community meetings and/or At Work meetings in all areas.

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