



# Fall for healthy.

**Learn how to lose weight and improve your health while eating the foods you love.**

The Naturally Slim program has the secret to lasting weight loss and it doesn't include starving, counting calories or eating diet food. Illinois Institute of Technology is now offering you the chance to learn how to eat to reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life.

**Space is limited. Apply between September 4 - September 14, 2018.**

**[www.naturallyslim.com/IIT](http://www.naturallyslim.com/IIT)**

The Naturally Slim program starts October 1, 2018.

natura)(y)slim®

ILLINOIS INSTITUTE  
OF TECHNOLOGY 